

# Community Consolidated School District 46



## Park School Campus/East & West

400 West Townline Road • Round Lake • Illinois • 60073

Phone 847.201.7010 Fax 847.201.1971

Craig Keer, Principal

Vince Murray, Assistant Principal

August 28, 2009

Dear Park School Parents and Guardians,

As the new school year begins, we in Community Consolidated School District 46 are committed to making every effort to work with you to ensure that your child has a successful year. The child that you know best is the child we want to care for and teach.

During the 2009-10 school year, fall conferences will be held during early October. These conferences will use feedback provided by parents on the enclosed Parent Information Exchange form as a way to communicate helpful information about your child. In this way, our professional staff is able to get to know your child and design appropriate strategies and approaches reflecting his or her unique needs as soon as school begins. It is our hope that through the Parent Information Exchange process, teachers and staff members can positively listen to the suggestions and requests of parents in order to make this the most successful school year ever for each child in our district.

You are asked to complete the Parent Information Exchange form and return it to your child's classroom/homeroom teacher by September 18, 2009. Your child may also be asked to complete a very simplified form in school asking for his/her view about goals and special areas for consideration. We cannot stress enough how important it is for the children, parents, and teachers of our district to have the opportunity to interact in this important way. Please take the time to fill out the Parent Information Exchange form that is attached. We look forward to seeing you at conferences during early October. Together we can inspire success!

Thank you very much.

Sincerely,

A handwritten signature in black ink that reads "Craig Keer".

Craig Keer

A handwritten signature in black ink that reads "Vince Murray".

Vince Murray

PARENT/GUARDIAN \_\_\_\_\_ GRADE \_\_\_\_\_

CHILD \_\_\_\_\_ TEACHER \_\_\_\_\_

PLEASE COMPLETE AND RETURN TO CLASSROOM TEACHER BY SEPTEMBER 18, 2009

**2009-10 PARENT INFORMATION EXCHANGE**  
**HELPING TO MAKE THIS A SUCCESSFUL SCHOOL YEAR**

THREE GOALS FOR YOUR CHILD'S SCHOOL SUCCESS THIS YEAR.

1.

2.

3.

THREE OF YOUR CHILD'S STRENGTHS (SKILLS), IN OR OUT OF SCHOOL.

1

2.

3.

WHAT ARE YOUR CHILD'S ACTIVITIES AND INTERESTS OUTSIDE OF SCHOOL?

DOES YOUR CHILD LEARN BEST WHEN HE/SHE. (Please list in 1-2-3 order)

\_\_\_\_\_ SEES OR READS NEW MATERIAL OR INFORMATION

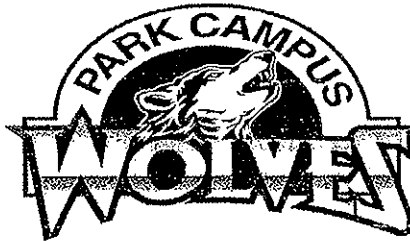
\_\_\_\_\_ HEARS NEW MATERIAL OR INFORMATION

\_\_\_\_\_ USES "HANDS-ON" EXAMPLES

IF THERE IS ANY OTHER INFORMATION THAT YOU THINK MAY BE HELPFUL,  
PLEASE LIST IT ON THE OTHER SIDE. THANK YOU

Visit us at <http://ww2.d46.org/school-pc.asp>

Park School Campus Notes / Activities  
August 28, 2009



**Going Green via the Wolf Pack Press E-Newsletter:**

In an effort to improve communication with parents of Park School Campus as well as being fiscally responsible, we will be only sending home an electronic version of our newsletter, by October 15th. It is important to sign up for the email list at our Park School webpage, <http://ww2.d46.org/school-pc.asp>. Thank you for supporting our school.

**Park School Facebook and Twitter Pages:**

In addition to our Wolf Pack Press E-Newsletter, Park School has a Facebook and Twitter Page for regular updates throughout the school year. The links are as follows:

<http://twitter.com/parkcampus>

[Park Facebook Fan Page](#)

**Picture Day:**

Picture Day is on Monday, September 14th for all K-8th grade students. This year we will be using the Life Touch Picture Company.

**Arrival Times:**

Students should arrive at school at approximately 8:35 am. Daily morning supervision begins at 8:30. School begins promptly at 8:45am. Thank you for your assistance.

**CCSD #46 and Park School Websites:**

Our district web site, <http://www.d46.org> and Park School web site, <http://ww2.d46.org/school-pc.asp> contains some of the information that we also send home in our Wolf Pack Press. For example, if you misplace your lunch menu you can find that information on our site. We hope this is a resource that you will find to be helpful throughout the year.

**Our First Friday Night Out...**

Our first FNO is Friday, September 18 at Park is from 7-9pm and is for 6th-8th grade students. If you are able to chaperone, please respond to <mailto:voss.jennifer@d46.org>. We love to see all of our parents here being a part of our learning community.

**"Community Outreach Web Page"**

This page contains flyers and notices of events and programs available to students of CCSD 46. These flyers were formerly sent home in the Friday Flyers. In our ongoing effort to "Go Green!" we are not sending home those flyers anymore and instead posting those offers on the district webpage. The new page can be accessed from either the "Community" link or the "Parents & Students" link, or through the direct link below:

<http://ww2.d46.org/commoutreach.asp>

## **Park School Calendar of Events:**

- Aug. 31-Sep. 11 NWEA MAP(2-8) and AIMSweb Testing (K-8)
- Sept. 2 – PTO Meeting- 7pm in Media Center
- Sept. 3 – Birthday Breakfast (1<sup>st</sup>-5<sup>th</sup>) -8:50am
- Sept. 9 – Back to School Night K-2nd – 6:30pm
- Sept. 9 – Back to School Night 3<sup>rd</sup>-5<sup>th</sup> Grade – 7:15pm
- Sept. 10 – Girls Volleyball at Big Hollow
- Sept. 10 – Back to School Night 6<sup>th</sup>-8<sup>th</sup> Grade -6:30pm
- Sept. 10-11 – 7<sup>th</sup>/8<sup>th</sup> Grade Field Trip to Henry Horner
- Sept 14 – Picture Day
- Sept. 15 – Fire Drill
- Sept. 15 – Soccer at Prairie Crossing
- Sept. 15 – Girls Volleyball at Grass Lake
- Sept. 17 – Soccer / Girls Volleyball- Home vs. Alden Hebron
- Sept. 18 – Friday Night Out (6<sup>th</sup>-8<sup>th</sup>) 7-9pm

Please Come  
to the  
PTO general  
meeting  
Wed, Sept. 2<sup>nd</sup>  
at 7:00pm.






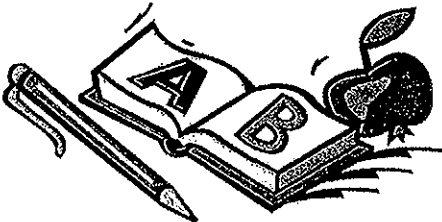


# September 2009



GRAYSLAKE SCHOOL DISTRICT #46  
Meadowview/Prairieview/Woodview/Park

BREAKFAST K-12

Monday	Tuesday	Wednesday	Thursday	Friday
	1 SUPER STIX W/STRAWBERRY CREAM CHEESE  Jungle Crackers Orange Tangerine Juice	2 BERRY BERRY KIX (Whole Grain)  Honey Belly Bears Fruit Punch	3 RICE KRISPIES CEREAL  Blueberry Muffin Apple Juice	4 FRUIT LOOPS  Cinnamon Belly Bears Orange Tangerine Juice
7  <b>Labor Day</b>	8 CORN FLAKES  Apple Waffle Crackers Fruit Punch	<del>9</del> MINI WHEATS LITTLE BITES  Strawberry Waffle Crackers Apple Grape Juice	10 APPLE FRUIT MUFFIN  Fruit Punch	11 COCOA KRISPIES  Jungle Crackers Apple Grape Juice
14 GOLDEN GRAHAM CEREAL  Honey Grahams Apple Juice	15 SUPER STIX W/STRAWBERRY CREAM CHEESE  Jungle Crackers Orange Tangerine Juice	16 BERRY BERRY KIX (Whole Grain)  Honey Belly Bears Fruit Punch	17 RICE KRISPIES CEREAL  Blueberry Muffin Apple Juice	18 FRUIT LOOPS  Cinnamon Belly Bears Orange Tangerine Juice
21 CORN FLAKES  Apple Waffle Crackers Fruit Punch	22 BANANA LOAF  Jungle Crackers Apple Juice	<del>23</del> MINI WHEATS LITTLE BITES  Strawberry Waffle Crackers Apple Grape Juice	24 APPLE FRUIT MUFFIN  Fruit Punch	25 
28 GOLDEN GRAHAM CEREAL  Honey Grahams Apple Juice	29 SUPER STIX W/STRAWBERRY CREAM CHEESE  Jungle Crackers Orange Tangerine Juice	30 BERRY BERRY KIX (Whole Grain)  Honey Belly Bears Fruit Punch		

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.



The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a discrimination complaint, write USDA, Director Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5984 (voice or TDD). USDA is an equal opportunity provider and employer. \*MENU SUBJECT TO CHANGE. Preferred Meal Systems does not purchase or produce harmful products containing artificial trans fat. However, some products such as beef & cheese contain naturally occurring trans fat which is not harmful.



# September 2009



GRAYSLAKE S.D. 46  
Avon/Frederick/Park 5-6



K-6 ENHANCED LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	HAMBURGER  HOT DOG Corn Peach Cup	BEEF BAGEL DOG  HAMBURGER Potato Wedges Fresh Pear Kids' Munchie Mix	<b>NEW!</b> MACARONI & CHEESE  HOT DOG Garden Green Peas Fresh Apple Garlic Bread	PIZZA DIPPERS Marinara Dipping Sauce  CHEESEBURGER Fresh Broccoli Strawberry Applesauce
	7	8	9	10
		CORN DOG  CHEESEBURGER Hash Brown Potatoes Cherry Juice Bar Pickle Chips Low Fat Baked Cheetos	MEATBALL SUB  HOT DOG Corn Fresh Banana	BREADED CHICKEN FILLET  HAMBURGER Broccoli w/Cheese Sauce Fresh Orange Mini Pretzels
<b>NEW!</b>	14	15	16	17
	FRENCH TOAST STICKS W/SAUSAGE  CHEESEBURGER Potato Slx Cherry Juice Bar Carrot Muffin	CHICKEN PARMESAN  HOT DOG Mashed Potatoes Pear Cup	<b>New Recipe!</b> SPAGHETTI W/MEAT SAUCE  HAMBURGER Garden Vegetables Fresh Pear Soft Breadstick	POPCORN CHICKEN W/POTATO SMILES  HOT DOG W/TRI TATORS Cinnamon Apples Whole Grain White Bread
<b>NEW!</b>	21	22	23	24
	BEEF SOFT TACO  HOT DOG Corn Blue Raspberry Juice Bar	RIB-B-QUE  CHEESEBURGER Green Beans Strawberry Applesauce Spicy Sweet Chill Doritos	CHICKEN NUGGETS W/ POTATO ROUNDS  HOT DOG W/TRI TATORS Fresh Banana Whole Grain White Bread	HOT DOG W/TRI TATORS  HAMBURGER W/ TATOR TOTS Fresh Sliced Apples Carmel Dipping Sauce Honey Wheat Pretzels (Mull Grain)
<b>NEW!</b>	28	29	30	
	BEEF GYRO SLICES  HAMBURGER French Fries Cherry Juice Bar Pita Bread String Cheese	CHICKEN TENDERS  HOT DOG Baked Beans Cinnamon Applesauce Whole Grain White Bread	<b>New Recipe!</b> PENNE PASTA W/ MEAT SAUCE  CHEESEBURGER Garden Vegetables Fresh Pear Garlic Bread	

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# September 2009

GRAYSLAKE S.D. 46  
Grayslake Middle/Park 7-8



7-12 ENHANCED

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<b>BEEF SOFT TACO</b> Corn Grape Juice Corn Muffin	<b>BEEF BAGEL DOG</b> Potato Wedges Fresh Pear	<b>MACARONI AND CHEESE</b> Green Garden Peas Fresh Apple Garlic Bread	<b>PIZZA DIPPERS</b> Marinara Dipping Sauce Fresh Broccoli Strawberry Applesauce Double Fudge Cookie
7	8	9	10	11
 <b>Labor Day</b>	<b>CORN DOG</b> Potato Rounds Blended Fruit Juice Vanilla Cupcake	<b>MEATBALL SUB</b> Corn Fresh Banana Chocolate Chip Cookie	<b>CHICKEN TENDERS</b> Green Beans Cinnamon Applesauce Whole Grain White Bread	<b>FRENCH BREAD PEPPERONI PIZZA</b> Salad Pear Cup Vanilla Creme Cookies
14	15	16	17	18
<b>BREADED CHICKEN FILLET</b> Mixed Vegetables Fresh Orange Mini Pretzels	<b>BEEF GYRO SLICES</b> French Fries Apple Cranberry Juice Pita Bread String Cheese	<b>ROTINI BAKE W/MEAT SAUCE</b> Mixed Vegetables Fresh Pear Garlic Bread	<b>POPCORN CHICKEN W/POTATO SMILES</b> Cinnamon Apples Whole Grain White Bread Strawberry Waffle Cracker	<b>CHEESE PISA PIZZA</b> Celery Sticks Peach Cup Strawberry Yogurt
21	22	23	24	25
<b>CHICKEN PARMESAN</b> Mashed Potatoes Pear Cup	<b>CHICKEN NUGGETS</b> Potato Rounds Strawberry Applesauce Whole Grain White Bread	<b>RIB-B-QUE</b> Mixed Vegetables Fresh Banana Honey Wheat Pretzels (Multi Grain)	<b>FRENCH TOAST STICKS W/SAUSAGE</b> Potato Slices Orange Juice Carrot Muffin	<b>No School Today</b>
28	29	<b>New Recipe!</b> 30		
<b>CHICKEN NUGGETS</b> Potato Rounds Grape Juice Strawberry Applesauce Whole Grain White Bread	<b>BEEF HOT DOG W/ TRI TATORS</b> Fresh Sliced Apples Carmel Dipping Sauce Spicy Sweet Chili Doritos	<b>PENNE PASTA W/ MEAT SAUCE</b> Mixed Vegetables Fresh Orange Garlic Bread		

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# WATER!

THE BODY'S MOST IMPORTANT NUTRIENT

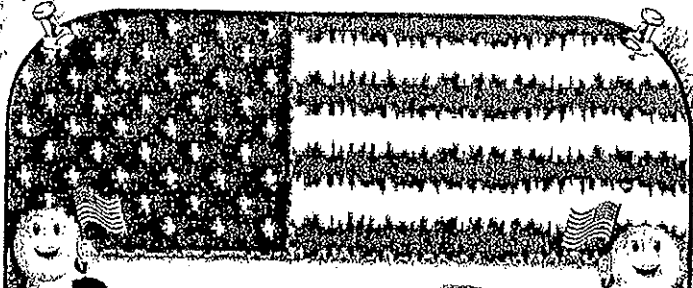


Thinktrition™



The most important nutrient for the human body is water. You can live for about forty to forty-five days without food, but only three to five days without water. About two-thirds of a person's body weight is water. Our blood is 82 percent water and both our brain and muscles are 75 percent water.

Water is necessary for almost all bodily functions. It helps carry nutrients to all our cells, helps in circulation and digestion, and carries away waste products. The average-sized person requires 2 to 3 quarts of water a day (64 to 96 ounces). So drink plenty of water! It's the basic element of your good health!



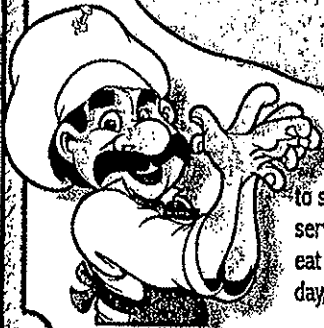
# PATRIOT DAY

In the United States, Patriot Day occurs on September 11 of each year, in memory of the nearly three thousand who were lost on September 11, 2001. It was requested that the President designate September 11 of each year as "Patriot Day." President George W. Bush signed the law on December 18, 2001.

The day was called the Prayer and Remembrance for the Victims of the Terrorist Attacks on September 11, 2001, however on September 4, 2002, President Bush renamed the day as Patriot Day.

On the direction of the President, the flag of the United States of America should be displayed on the homes of Americans, the White House and all United States government buildings. The flag should be flown at half-mast as a mark of respect to those who were lost on September 11, 2001.

# CHEF'S KITCHEN



Hey Kids!

My name is Chef Matt! I am the Executive Chef at Preferred Meal Systems. My main goal is to be sure that we are providing you with nutritionally balanced meals, which taste good! A lot of effort goes in to creating the meals that are served to you each and every day. When a suggestion or new menu idea comes to me, it is my responsibility to help formulate a tasty meal for you. This new item may go through many tests and trials to ensure that you will be happy with the flavor and quality. We even bring samples to schools and let some of you try the meal before it is seen on your monthly lunch menu. We are passionate about serving you foods that you like to eat, and hope you all are happy with the job we are doing. But remember, always eat right (that means eating all of you fruits and vegetables), and don't forget to eat the most important meal of the day, breakfast! I will talk to you again soon, and enjoy your meal!

*Chef Matt*